AREQUIPA OVERNIGHT 2024



Girls entering <u>fifth grade or older</u> in all units this year, all ANTS and all Camp Arequipa Aides are invited to take part in the overnight at Camp Arequipa on the Thursday night of our camp session. We will sleep under the beautiful Arequipa stars, and there will be an extra swim and time in the archery range for those who want it. The girls have dinner, a special program, and lots of extra fun just for the older campers. If you would like to participate in the overnight, have your parents complete the online permission slip we will email just prior to camp.

The overnight includes dinner on Thursday night, plus breakfast and lunch on Friday.

Please pack the following items only and bring them with you (in a bag) to camp on Thursday morning on the bus:

- a mess kit and cutlery or non-breakable plate, cup/water bottle, fork, knife and spoon all marked with your name in a dunk bag or mesh bag (do not forget there will not be any paper plates or plastic cutlery provided!)
- a warm sleeping bag (no slumber bags), extra blanket, a ground cloth or tarp (it gets quite dewy in the morning)
- an overnight "buddy" (teddy bear, rabbit, snuggly friend)
- sweats or thermal pajamas
- flashlight and extra batteries
- change of clothing for camp on Friday
- toiletries
- a hooded jacket/sweatshirt (to sleep in)
- jeans or long pants for the evening program
- It is also a good idea to send a second swimming suit and towel for the extra swimming session on Thursday (if she has one), and don't forget a plastic bag for wet suits and towels
- PLEASE NO food, snacks, radios, CD players, iPods, cell phones or other electronic equipment are appropriate at camp at ANYTIME, leave these items at home.
- Please remember to send any nighttime medications, in their labeled original container, with your child on Thursday morning and have her turn them in to the bus rider to be turned into the nurse at camp. Be sure to include directions on how to administer the medication to your daughter.

Lights out will be strictly enforced at 9:30 PM. If your child is a night owl and unable to go to sleep or remain quiet after this time, then she should not spend the night. Our overnight is out under the stars, so no tents are needed. There are animals, deer, raccoons and birds at camp. Please discuss this with your daughter and make sure she understands that if she agrees to stay the night, she will, in fact, stay the night. We do not call parents at 11:00 PM to come pick up their campers. If you and your child feel she is too young for this year's overnight, perhaps she should wait until next year. Please help us in determining this as it is very hard for the directors or unit leaders to try and console a camper, after dark, who is not yet ready for this experience.

Additional adults are needed to volunteer to help with the overnight or it may not happen. If you are able to spend the night with us to help supervise the girls, please indicate this on the online form. Dads are welcome to help, too! You will need to get/be registered, and complete the volunteer screening process (or fingerprinting with Girl Scouts.) We promise a very fun evening.

We reserve the right to cancel this overnight activity if prohibited by the Marin County Department of Health, or changing conditions related to an increase in Covid cases.